

# Little Free Press

#109

"food for thought since 1969"

Reprinting Permissible

\$1.00

## House an Anchor?

For the first time in 25 years I am the owner of a house. I have been for almost a year. I see the homeowners around me dutifully mowing their lawns often. Seems like there is always a damn mower-sound hammering away at my peace and tranquility. I see them working on their houses often. This is the way it should be for them. But for me I have a lot of traveling and exploring to do yet while I am still young and unafraid. I do not wish to spend my remaining time as a slave to a house. I am doing that now and I do not wish to continue it. Perhaps when I get old?

I don't mind the thought of being a slave to a sailboat that will carry me on my exploration adventures. I suppose one should keep his boat from leaking, i.e., sea worthy.

After I get too old to sail -- then my plan, (I conceived this plan of things to do when I would get bored, when I dropped-out in 1969, as insurance against boredom in my retirement. I had known too many men who died a couple of years after they retired. I figured it was from boredom.) is to travel several rivers from their source to their mouths. I plan to do the navigable parts of these big rivers with a cabin cruiser powered by steam. I really like steam engines. Even though I have never had one. They are so simple and will burn any fuel you find around. How could one go wrong with a steam engine? The Stanley Steamer was one of the best autos ever made.

Naturally, the oil barons pushed it under the carpet.

So there are some of the dreams of a 42 year old man that I still cling to and use at the age of 67. This dream is just back-up for when there doesn't seem to be anything else I want to do. Maybe it's my vacation plans. I have owned a sailboat that I kept in the Bahamas and I would go and live aboard and sail it for a couple of months at a time. It was wonderful. But somehow I got sidetracked and I find myself now in Little Falls, Minnesota.

## Now!

I'm going to focus most of my energy in getting my own trip running better instead of telling other people what they should do. (I know I've said this before, but maybe this time I can make it stick.)

This feels a lot better! Every day I can see a little accomplishment. I can see my lifestyle getting closer to the ideal that I strive for. I'm enjoying my success.

However, my slave mentality still lingers with me to a great extent. Hopefully, I can overcome it. I still want to help other people. I try to share ideas about what success I've had in escaping the Rat Race (Slavery). Slaves are taught to work for other people. I got to learn to trust other people to find their own freedom, if they want it. You can lead a horse to water, but you can't make it drink.

## Move On?

I got to recognize nature's law of "The Survival of the Fittest" and focus on becoming one of the fittest.

Who knows, this LFP #109 may be the last issue of the

Little Free Press newsletter? I am not discouraged. I'm just trying to look out for my own best interests. I'll not solicit new subscribers, nor ask for reviews any more.

I'm not going to publish a third book. If someone else thinks a book of LFP issues #91 thru #109 is worth doing--they will do it. Perhaps it is not worth doing. The LFP newsletters are not copyrighted, so it is up for grabs. I would even furnish (free of charge) floppy disks of all the issues and tell you if any one else has asked for these disks (if I'm still around and still have my computer), if someone thought it worth doing. I sure don't care if that person makes a profit either.

I have several boxes of FREE I GOT books and a few boxes of I WAS ROBOT. A printer here in Little Falls has the negatives so he can print more books when these are sold out. I wish I could dump all these books somewhere for \$3.95 (or even for less). Maybe in the Mississippi River. I've had that urge more than once. I sure wish I could find someone who likes publishing and selling as much as I like exploring and writing. Orders continue to dribble in as more people hear about my books, but these books are a burden to me. An anchor around my old neck. It would cost me to store them. I've already spent too much money on them.

I think I'll sell and give away everything I have except what I can carry away in my back pack and in the trunk of my car. That includes my house, furnishings and computer.



It may take a while to sell this house, but on the other hand, it may sell fast, as I have a large lush garden that goes with it. I have the garage almost rebuilt and the house can be scrapped and painted by the buyer. I've scrapped the front side and plan to paint it today. It will be a small sample of how much better the house will look when it's all painted.

#### Made List

I have made a list of the different things that I would like to do and have selected the one that looks best to me at this moment and am proceeding to follow an appropriate course of action to achieve it. I expect I'll change my plans as I go along as I think of more ideas. Things like this seem to flow. One thing leads to another and new vistas open up. I'll certainly be on the look-out for good luck and grab it if it comes along. (I learned that from the book **HOW TO ATTRACT GOOD LUCK** by A.H.Z. Carr, i.e., how to recognize luck and what to do about it. It is still in print and Wilshire Book Co., 12015 Sherman Road, N. Hollywood, CA 91605, has it for six or seven dollars.)

#### In Rat Race Again!

It looks like, after 25 years of retirement, I jumped back into the Rat Race last September when I bought this house. I didn't know it at the time. I thought I was just buying a place to live for five years. But now that I have failed to be a father for my grandson I may as well move on.

I have been fixing up this 110 year old house. Soon I will put it on the market to sell and hopefully make a nice profit. A successful old real estate speculator friend of mine, once said, "You gotta make your profit when you buy." I bought real cheap, so I think I'll make a profit. Of course you wouldn't believe all the hours of back-breaking labor I have already put into this house, garage and garden. It will be nice to have a little surplus money again, if I succeed. I bought right, so I should come out with some profit.

Some of my readers are going to criticize me for trying to make a profit. But if they will remember I have often said that I might have to re-enter the Rat Race and make some more money. Everyone is allowed to do that. I know of no law against it. I spent my last savings on this house. Now time will tell whether I break even, lose money or make a profit. I have some expertise in selling houses and in rehabbing houses. Now I'm putting myself to the test.

#### Grandson

I've sent my 15 year old grandson back to his mother. He decided not to mind me any more. He can just as well not mind his mother as me.

You can't win them all. Maybe grandson will find someone he can learn from. He refused to learn from me. Almost two years I tried. I guess I just ain't smart enough to cope with a teenager in this TV, radio and tape mind-conditioned world. I read a lot of books on teenagers too, but they just didn't help. I wasn't smart enough to counteract the mind conditioning of the behavioral modification experts who work for the mass media.

It is not going to be easy for us when this new batch of teenagers take over the management of the world. If you read the book, **HIGH RISK** by Ken Magid and Carole McKelvey, you will know what I mean. I have experienced a mass media indoctrinated teenager for two years. It doesn't look good to me. I don't have a TV so he spent his time at his friends' houses who had TV's.

I think the controllers have made a slight change in the Golden Rule that they indoctrinate the viewers with. Now it's "Do to others, before they do it to you." This also makes a good war slogan for the profiteers.

#### LADY?

Maybe now a young lady (about my age) will enter my life and we'll go cruising around the world. Know any good prospects? My present plan is to sail the coastline all around each continent and stop at all the interesting ports. And to learn to be as self-sufficient on board as possible -- for self-reliance and economy.

After all, we'll have the world's largest fish market all around the boat. We'll have the world's largest bath tub. We'll have all the water we want to drink as soon as I buy or devise a reliable distillation system. Perhaps it will be solar and/or wind powered.

I read somewhere that all sea weed is edible. Some probably more tasty than others. Maybe I'll figure out a way to catch extra fish and trade them for other food.

My next project, after I get this house and the contents sold will be to go traveling to the northern East Coast and shop for a suitable used sailboat. Then sell the car and sail down to the Florida Keys for the winter. There to outfit the boat for the long voyage, gain more proficiency in ocean fishing and spear-fishing. I'll see if I can find ways to enjoy myself that are free.

#### Terminate Address

Unless someone decides to take over the remaining LFP books, I'm going to just stack them in a friend's warehouse and forget about them. They have been an anchor tied to my neck for too long. Then, I'll not give the post office a forwarding address.

However if someone wishes to take over my books, I'll give the P.O. their address as my forwarding address and they will receive all my future book orders.

I might even sell them my used AT computer, VGA color monitor, printer and software very cheap. Otherwise I will sell them here as soon I get my house sold.

#### Book Reviews

**HOW TO WIN FRIENDS AND INFLUENCE PEOPLE** and **HOW TO STOP WORRYING AND START LIVING** by Dale Carnegie. If you wish to succeed in this game of living and enjoying life -- read Carnegie's books. He explains very simply and sensibly how to succeed and enjoy life. Then you won't need to read my work anymore.

**LIVING THE GOOD LIFE** (How to Live Sanely and Simply in a Troubled World) by Helen and Scott Nearing. Schocken Books, 200 Madison Avenue, New York, NY 10016 (1954 and 1970) 213 pages. The Nearings tell how and why they bought land and built a stone house. They tell how they raised food. An interesting and very informative book.

**FIVE ACRES AND INDEPENDENCE**, By M.G. Kains, Dover Publications, Inc., 180 Varick Street, New York, NY 10014 (1940, revised in 1973) 397 pages. A very comprehensive book on homesteading.

**EMERGENCY MEDICAL PROCEDURES FOR THE HOME & AUTO** by Logical Communications, Prentice-Hall, 1980 (108 pages) \$6.95 I picked this up at a garage sale and read it. It has simple clear directions on how to give first-aid. It includes artificial respiration and CPR (heart massage) and just about everything. It has an easy to use contents to refer you quickly to procedures to use. With this kind of information we might save a life someday, maybe our own.

#### Last Issue?

Should this become the last issue of LFP--to those of you who still have a subscription paid for--I'll send you a travel letter every once-in-a-while as my journey progresses. Or I'll refund your balance, if you ask.

Don't wait for me. Create and live your own Utopia, NOW!!! Enjoy yourself. It's later than you think. Best of luck to you.

#### Reprinting Permissible

7-14-94

Ernest Mann